



# Skin to Skin

for all Moms and Babies  
leading to a baby's healthy microbiome

Skin to skin



The 9 instinctive stages of  
the newborn



Breastfeeding



Baby's microbiome  
formation

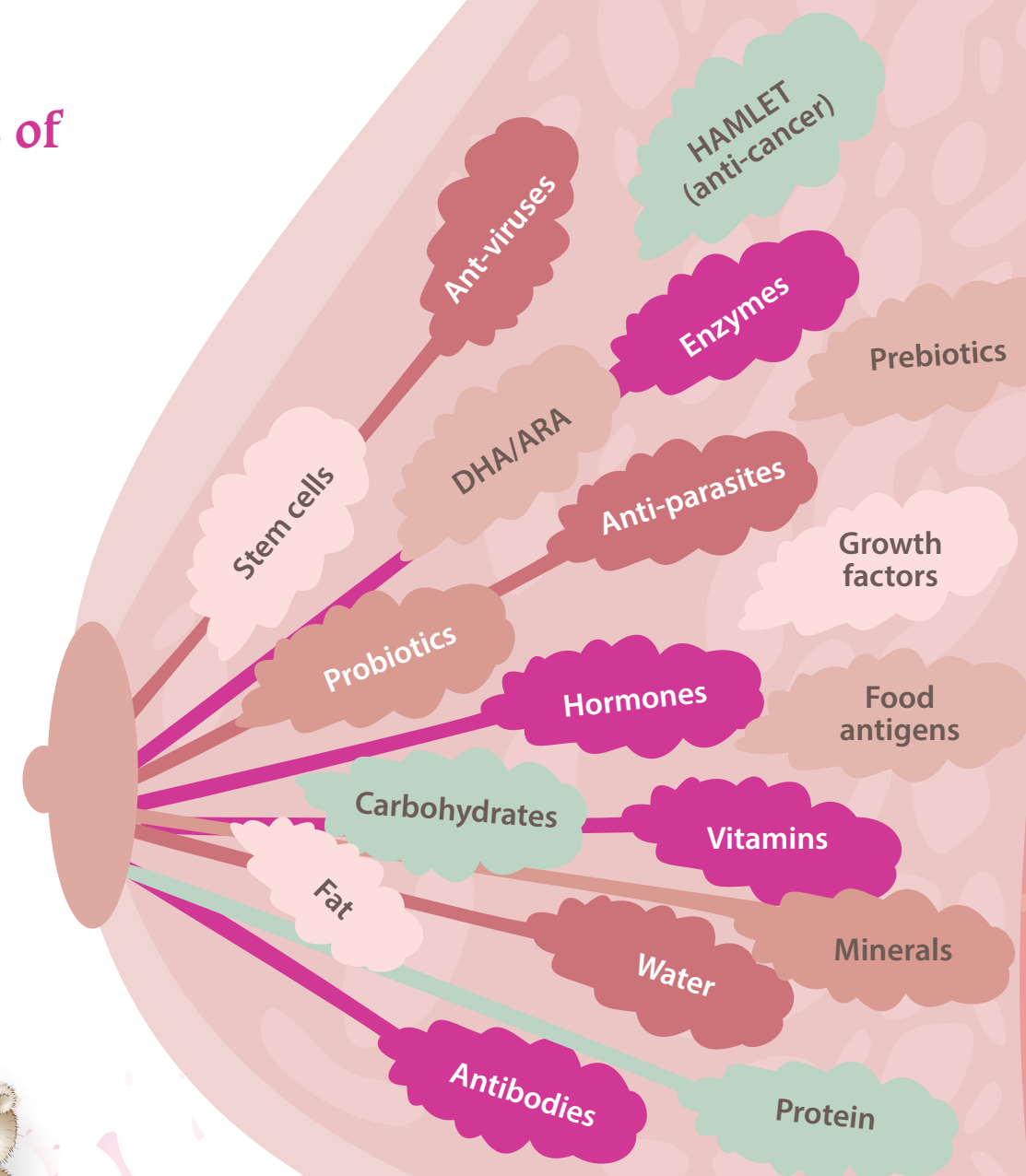


Baby's healthy  
immune system

## Human milk is...

- Tailor made for tiny humans
- Baby's first vaccine
- A superfood
- Devoted to brain development

## Components of Breastmilk



**EXPECTANT**  
mothers guide

Expectant Mother's  
Guide Journey App



THOUGHTFUL  
CHILD BIRTH

Dis-Chem  
**baby**  
city

**HUGGIES**

