

A pregnant woman with dark hair, wearing a white long-sleeved shirt and blue jeans, is smiling and looking down at her belly. A man with dark hair, wearing a white t-shirt, is leaning in from the left, smiling broadly and touching her belly with his hands. The background is a light grey wall with a repeating pattern of small, stylized scissors. The entire image is framed by a decorative border of white, hand-drawn leaf-like shapes on a pink background.

*Thoughtful childbirth  
for everyone*

**EXPECTANT**  
mothers guide

Expectant Mother's  
Guide Journey App  
 

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